

SOCCER RESIDENCY PROGRAM



VILLARREAL
Residency
Academy



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Villarreal CF is a top-flight LaLiga team, that has been playing consistently in LaLiga during the last 20 years, as well as in European tournaments such as the UEFA Champions League and the UEFA Europa League. The team won the UEFA Europa League on season 2020/21. During the 2021//2022 season, Villarreal CF was a semi-finalist in the Champions League, for second time, after the same achievement in the season 2004/05. Villarreal CF were runners-up in the most competitive league in the world, LaLiga, in the 2007/08 season.

Based in a town with a population of around 50,000 people, Villarreal CF's strategy has been centered on creating an elite academy that attracts talent from all around the world. In order to do this, Villarreal CF has created a unique methodology system, built state-of-the-art facilities, and developed professional personnel so that every player that forms part of our system can center all their efforts in becoming the best player possible, making the most out of their abilities. However, the club is also aware that our players are becoming active members of our society and therefore educates all the players in values that the club believes in; humility, endeavor, teamwork, and being a valuable member of society.

Thanks to this system, the team has developed professional players that are currently competing in the best soccer leagues of the world, such as Rodri Hernández, Santi Cazorla, Gerard Moreno and Pau Torres.

Villarreal CF

 LaLiga 20 years in LaLiga

 LaLiga Runners-up (07/08)

 UEFA EUROPA LEAGUE Champions (20/21)

Academy

 Unique methodology

 Educate players in values

 Rodri Hernández, Santi Cazorla, Gerard Moreno, Pau Torres

WHAT IS THE PLAYER DEVELOPMENT PROGRAM?

The **Villarreal Academy Residency (VAR)** is a program designed by Villarreal CF & Erie Sports Center (ESC) with the goal to develop soccer players, taking their game to the next level.

Villarreal & ESC use all its assets, facilities, staff, and resources to **create a program that adapts to our players' requirements.**

Villarreal Methodology



Private Facilities



Exclusive Program



WHO IS THE PROGRAM FOR AND WHAT IS ITS DURATION?

Do you want to live an **professional academy experience in the USA, focused on soccer?** Are you looking for an education program in which you can combine your passion for soccer with an excellent school education? Are you looking for a **Colleg Pathway Opportunity** in the United States.

If so, **the VAR is your program!** This program is focused around players aged under 18 and combines an elite soccer program, an excellent tuition in a private school, and the experience of living in the United States.

The **program's duration is 10 months**, The program starts in August and ends in June.



WHAT IS THE PURPOSE OF THE VAR?

The main purpose of the VAR is for players to experience a period abroad focused on soccer. The program has three main areas:



Soccer: the players will train and play with Villarreal Erie Academy teams.



School & language immersion: the players will attend a private school in Erie, in which they will have English immersion classes to help them master the language.



Cultural immersion: the players will live at Erie Sports Center with others where they will experience the American culture within Soccer.



WHERE IS THE VAR BASED?

Our residency program is based at Erie Sports Center's training facility. Therefore, during the program, you will live in the town of Erie, Pennsylvania, where the soccer academy is based, on the north east of the United States.

Erie is a small coastal town in which you can enjoy **mediterranean weather**, perfect for practicing sports. As it is a small town, our students usually settle easily and adapt quickly to live in the town.

LOCATION



TRAINING IN THE VAR

Our VAR players train and play with Villarreal Academy teams. They also spend **two weeks in Spain in the Villarreal Academy**

Aside from this, the player will be assigned a **personal coach** that will assess them with regards to the progress the player is making.

Players will also have a **personalized physical training plan** developed by a team of coaches specialized in elite training.



ANALYZING YOUR GAME

One of the key elements of improving as a soccer player is **constantly analyzing the game**, in order to detect your areas for improvement, and emphasize your training on those areas. Video analysis is also essential to provide evidence of all the improvements you have made as a player.

Due to this, your training sessions and **your games will be recorded**. Thanks to our software, you can detect, along with your coaches, the stronger and weaker points of your game, with the **goal of improving continuously**.

Moreover, you will have the chance of analyzing Villarreal CF first-team training sessions and matches, which you can use as inspiration and as a learning tool for your own game.



SPORTS PSYCHOLOGY

The VAR program has a psychology team specialized in sports psychology, who will have regular consultations with you. With them, **you will discuss the goals you wish to achieve as a PDP player**, as well as how you can achieve these goals.

These are some of the roles of the psychology department:



To participate actively in the individual process of each player.

To develop an individual workplan with the player orientated to high performance.

Alongside the coaches, to supervise and put together the players' academic and personal information and orientation.

To plan workshops to include in the team agenda.

To provide tools and strategies to the coaches that they can apply and use with the players.



MEDICAL STAFF AT YOUR DISPOSAL

As a VAR student, you will have all of the Erie Sports Center medical facilities and staff available to you. We highlight the following services:

PHYSICAL THERAPY:

All of our **physical therapists and fitness coaches** will be at your disposal to treat possible discomfort and injuries, but also to **prevent** these injuries from occurring.



MEDICINE:

The Erie sports park has several doctors who **specialize in sports medicine** that will always be available for any issue that you may have during your stay at Villarreal.



NUTRITION:

The academy also has a nutritionist who will carry out **monthly revision sessions with each player** and will give them a personalized program based on their needs.



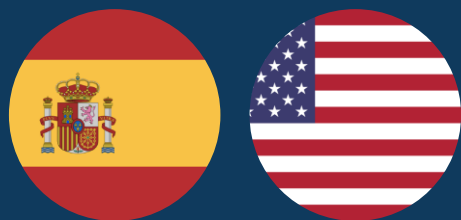
EDUCATION

Players who are part of the PDP **will attend Erie Prep Academy**, a private school based on the campus. As the education is bilingual, students will have classes in English and will be able to follow the American school curriculum.

Depending on the players' English level, the players will attend extra classes in English.

The players will also have extra private **English classes** in order to adapt to the language as fast as possible.

Each week, players **will participate in workshops that will focus on soccer-related topics** that can help them in the future, such as nutrition, sports psychology and physical therapy.



LIVING ON CAMPUS

The program includes living in our Erie Sports Center Housing Center. While living in our housing center, you will be provided with breakfast, lunch and dinner everyday. The housing center will provide you with comfy living situations where you can relax after a hard days training and school. The campus is spread over 60 acres and also houses a fun park, so there is lots to do during your free time.



MORE THAN SOCCER

Although during the VAR your time will be dedicated to training and education on a daily basis, **there will also be time for other activities.**

For example, **you can attend the local indoor waterpark, enjoy our hometown minor league baseball games, shopping at our state of the art Millcreek Mall, enjoy the beaches on Lake Erie, and so much more.**

Apart from this, we organize trips to nearby towns and cities, such as Cleveland, New York, Pittsburgh and Chicago, as well as trips to the beach, and cultural activities in the area. **We want you to get to know America and its culture first hand.**



A STANDARD DAY AS PART OF THE PDP

SCHEDULE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00am - 12:00pm	School	School	School	School	School	Watch Villarreal CF Academy games	Rest
12:00 - 2:00pm							Watch Villarreal CF Academy games
2:00 - 3:00pm	LUNCH						
3:00 - 5:00pm	School	School	School	School	School	Rest	Rest
5:00 - 6:30pm	Video analysis with coach	Training session with Villarreal Academy team	Individual video analysis	Activity	Spanish class	Free time	Watch Villarreal CF LaLiga game
6:30 - 8:00pm	Training session with Villarreal Academy team	Homework	Friendly match / Individual training session	Homework	Training session with Villarreal Academy team		
8:00 - 10:00pm	DINNER						

Tentative schedule

THE BEST FACILITIES

Erie Sports Center is the only sports complex in the community with a sports dome, multiple outdoor fields, basketball courts and a gym.

- **ERIE SPORTS CENTER FACILITIES:** The main training ground has **12 outdoor soccer field and, an indoor turf soccer field**, where all of our teams train and play.

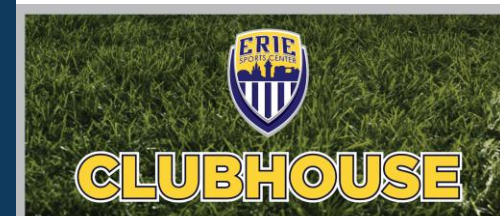
You will be educated as a soccer player in these facilities. You will have access to the training grounds **gym and medical services**. This will provide you with everything so you are prepared for your training sessions and games to go smoothly and in the best conditions.



FIRST CLASS FACILITY

Villarreal Erie has one of the best facilities in the USA,

As PDP students, you will have access to all facilities across the campus.



REASONS TO CHOOSE THE VAR

VILLARREAL METHODOLOGY



PRIVATE SCHOOL

FOCUS BASED ON PLAYERS' GOALS



TRAINING AND GAMES
WITH LOCAL PLAYERS

GUIDED AND INDIVIDUAL ANALYSIS



REPORT WITH
PLAYERS' PROGRESS

FIRST CLASS FACILITIES,
TEAMS AND STAFF



PERSONAL TUTOR

PERSONALIZED



CULTURAL AND
LANGUAGE IMMERSION



WHAT DO PREVIOUS INTERNATIONAL PLAYERS THINK?



"The program helped me to become a better player and a better person, it is an experience that not a lot of people can have, making me unique among other candidates."

Kevin Lee



"During these two years the program helped me to develop to be a good player and achieve my aim of becoming a professional. What's more, the program gave us an education about values too, to help us evolve as people. I would 100% recommend this experience, both on a sporting level as on a personal level."

Donghyun Kang



"Just being here, learning another language, meeting new people, making connections through Villarreal, will help me in the future."

Jonathan Solanke



"The PDP has not only helped me to develop as a soccer player, but it also has helped me in my studies, to be more organized with my homework. In addition to this I am enjoying the cultural experience and meeting new friends abroad."

Daniels Driksne

HOW CAN I JOIN THE VAR?

Please note for the time being applicants must be able to fulfill payments.

1

Send the following documents to our email: academy@eriesportscenter.com (please note any application without these documents will be dismissed).

- Sports & academic curriculum
- Videos with full games
- Motivation letter

2

Our coaches will evaluate your application.

3

In case you have been selected to participate in the program we will send you additional information and forms.

4

Once the forms have been fulfilled we will request a non-refundable deposit of 2 months fee (10,000 USD). When the payment is received we will confirm your participation in the program for next season.

5

You will need to apply for a student VISA at the American Embassy in your country.



WHAT IS THE PRICE OF THE VAR?

Price: **55,000 USD per season**
10-month program

Includes:

- Training sessions and games
- Official licence
- Tuition at private school
- Accommodation and meals
- Video analysis sessions
- Private medical insurance
- Training and game uniforms
- Workshops
- Language classes
- Attending games
- Cultural activities

Payment method:

1st payment: 15,000 USD – deposit

2nd payment 20,000 USD – July. 31st

3rd payment 20,000 USD – August. 28th

Discount for full upfront payment: 10%

**For the moment we don't offer
scholarships or any other discounts**



VILLARREAL ACADEMY Residency Program



<https://www.erieprepacademy.org/>
<https://www.eriesportscenter.com>



academy@eriesportscenter.com



Villarreal Academy Erie
Erie Sports Center
Erie Prep Academy



villarreal.academy
Erie Sports Center

